



**University of
Zurich** ^{UZH}

Gender Equality / Department of Psychology

Who Cares?

**Taking care of your family, your
scientific career and yourself
– discussion group for UZH postdocs
and PhD students with children**

Always 2.15 – 4.15pm
6 October 2016
Main Building UZH,
KOL-E-13 (Senate Room)

3 November 2016
Main Building UZH,
RAI-F-041

1 December 2016
Main Building UZH,
RAI-F-041

Moderators:

- Prof. Dr. Carolin Strobl,
Department of Psychology
- Tanja Neve-Seyfarth,
Office for Gender Equality



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Participating professors

6 October 2016

- Marianne Hundt
- Stefanie Walter
- Adrian Hehl
- Salomé Leibundgut-Landmann
- Carolin Strobl

Participating professors

3 November 2016

- Catrin Heite
- Torsten Hothorn
- Dorothea Lüddeckens
- Franco Guscelli
- Nadja Sieber-Ruckstuhl
- Carolin Strobl

Participating professors

1 December 2016

- Frauke Berndt
- Kai Niebert
- Urte Scholz
- Elisabeth Stark
- Carolin Strobl

Moderators:

- Prof. Dr. Carolin Strobl, Departement of Psychology
- Tanja Neve-Seyfarth, Office for Gender Equality

An academic career is challenging for anyone, and is filled with uncertainty and a lot of work. Starting and managing a family during these intense years, that require great devotion of time and energy to plan, conduct and publish your research, makes the situation for young scientists even more challenging.

Please join us for an exciting exchange with your peers and a diverse group of professors on how to meet the high-level demands of an academic career and a healthy family life.

We aim to learn from each other and to collect concrete best practice examples for typical and frequently arising questions from parents in academia, such as:

- Who stays home when a child gets ill?
- How to manage important academic and private appointments?
- How to manage attending conferences abroad?
- Given the scarcity of female role models – how to cope with pressure and potentially negative comments from family, friends and others?
- Krippe, Nanny, Granny – what is/there a „best“ form of childcare?

Places are limited, please register for your preferred date or dates: tanja.neve-seyfarth@gleichstellung.uzh.ch

This event is intended to provide a regular opportunity for exchange, and different topics might be discussed at the different dates. Therefore we encourage you to sign up for more than one date, but might need to reassign places to newcomers later due to space constraints. **Please promote this event among male postdocs and PhD students with children, too!**